

PROTECT OUR FUTURE

SECURE | MONITOR | DISPOSE YOUR PRESCRIPTION DRUGS

65%

of Americans aged 65 and older report using three or more prescription drugs in the past 30 days.

Just like youth, older adults are at risk for prescription drug misuse, addiction and overdose. Eighty-six percent report holding on to their unused drugs which can create access for others. Take steps to reduce these risks by securing, monitoring and disposing of prescription drugs. The Medicine Inventory Card on the reverse of this card can help.

ALWAYS ASK your healthcare provider questions when prescribed Rx drugs:

- What does this medication do?
- How is this medication taken?
- What are the risks if the medication is not taken as directed?
- Is this medication addictive?
- Over time, how can the level of pain be measured to determine whether this medication is needed?
- Is there a different medication or method that can alleviate pain?
- Can alcohol be consumed while taking this medication? What are the side effects of drinking alcohol while taking this medication?



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