



volume

5



signs & symptoms of  
**Marijuana use**

**63%** of Massapequa youth (grades 7-12) do not think people are at great risk of harming themselves (physically or in other ways) if they use marijuana once or twice a week.\*

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- Marijuana adverse effects include increased heart rate, extreme confusion, anxiety, paranoia, panic, delusions or hallucinations, increased blood pressure, severe nausea or vomiting, respiratory infection, and greater likelihood of addiction [Center on Addiction (CoA)].

- Common Signs of Marijuana Use in Teens include\*\*

- Acting very silly and out of character for no reason
- Using new words and phrases like "sparking up," "420," "dabbing," and "shatter"
- Having increased irritability
- Losing interest in and motivation to do usual activities
- Spending time with peers that use marijuana
- Having trouble remembering things that just happened
- Carrying pipes, lighters, vape pens, or rolling papers
- Coming home with red eyes and/or urges to eat outside of usual meal times
- Stealing money or having money that cannot be accounted for\*\*



- Be aware, vaping marijuana often goes undetected since it does not create a smell. The CDC has informed users to refrain from using e-cigarettes or vaping products, **particularly those containing THC**, due to recent outbreaks with lung injuries and death from vaping.



For prevention tips, go to [mtacoalition.com](https://www.mtacoalition.com)

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\*Massapequa youth statistics are cited from the New York State Office on Alcoholism and Substance Abuse Services Partnership for Success Student Survey administered in September 2018 in Massapequa Public Schools grades 7-12.

\*\*American Academy of Child and Adolescent Psychiatry