



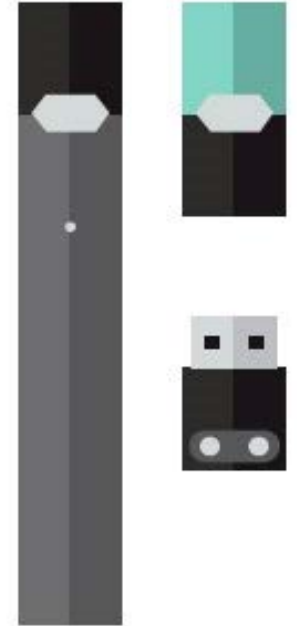
volume

2



What's  
in that

Vape?



Of MHS seniors (41%) who reported vaping in the past 30 days, the substances vaped were “flavoring” (21%); nicotine (30%); marijuana, hash oil or dabs (12%), other (2.2%) and didn’t know (2.5%).\*

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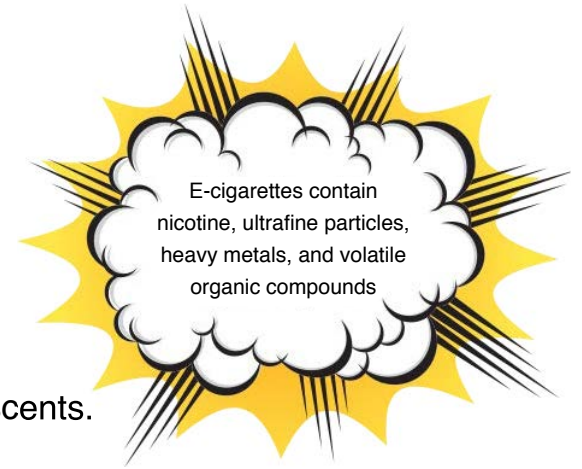


- Although regulated by the Food and Drug Administration (US FDA) vape pods/cartridges typically contain nicotine, as well as varying compositions of flavorings, propylene glycol, vegetable glycerin, and other ingredients (USFDA).

- Other substances are also being vaped in pods/cartridges (Center on Addiction).  
*In the past six months, 60 vape cartridges were found in the Massapequa Preserve with many testing positive for Cocaine, THC, Ephedrine, Meth and Heroin.*

- Attractive flavors like mango and fruit medley makes vaping more appealing to adolescents. (Center on Addiction).

- The aerosol from e-cigarettes contains harmful chemicals including nicotine, ultrafine particles that can be inhaled deep into the lungs, flavoring such as diacetyl, a chemical linked to a serious lung disease, volatile organic compounds and heavy metals (US Surgeon General). A Mayo Clinic study finds that lung injuries from vaping most likely are caused by direct toxicity or tissue damage from noxious chemical fumes (Science Daily 10.2.19).



For prevention tips, go to [mtacoalition.com](https://www.mtacoalition.com)



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\*Massapequa youth statistics are cited from the New York State Office on Alcoholism and Substance Abuse Services Partnership for Success Student Survey administered in September 2018 in Massapequa Public Schools grades 7-12.